

Frequently Asked Questions to Assisted Living Facilities:

- What do I bring (i.e. furniture, phone, television, clothes, toiletries, blankets, coffee maker, refrigerator, pictures, etc...)?
- Do you have activities?
- Do you have an in-house physician?
- Do you have a nurse on staff?
- Do you have 24-hour awake care giving staff?
- What is your staff to resident ratio?
- How do the residents call for assistance?
- Can you prepare special diets?
- Do you have a Dementia License?
- Do you have a Hospice License?
- When would my loved one not be able to stay at this facility?
- What are your visiting hours?
- Do you accept pets?
- Do pharmacies deliver?
- What is the basic room rent per month?
- What are the extra charges (i.e. laundry, phone, cable, incontinent supplies, level of care, transportation, beauty/barber shop, guest meals, pet fee, community entrance fee)?
- What is "level of care"?
- How often do I pay rent?
- How often is the rent increased?
- Do I need to leave a deposit to secure the room?
- Does Medicare/Medi-Cal cover any of the cost?

Premilinaries:

Prior to an admission to an assisted living facility, a Tuberculosis Test, a COVID-19 Test, the Physician's Report for Residential Care Facilities for the Elderly, a list of medication signed by the physician and the chosen facility's evaluation must be completed.



Other Helpful Information...

Assisted living facilities are non-medical, *private pay*, care communities. An "assisted living facility" is an umbrella term used to describe a range of facilities such as "apartment style" communities, Memory Care facilities and/or Board & Cares (i.e. 6-bed homes or Residential Care Facilities for the Elderly - RCFE). They provide 24 hour, on-site, personal caregiving assistance with activities of daily living such as: bathing, dressing, ambulation, medication management, incontinence management, meal preparation, special diets, transportation, hospice care and in some facilities, memory care. All assisted living facilities must be licensed by the Department of Social Services, Community Care Licensing Division and must comply with Title 22 Regulations. Since these facilities are non-medical, there are certain health conditions that are prohibited, which would include but not limited to:

- Contagious Diseases (i.e. COVID-19, MRSA, C. Diff, VRE, TB)
- Feeding Tubes/IV's
- Tracheotomies
- Stage three or deeper bed sore/decubutis ulcer
- Physical Restraints

Also, there are other conditions that may be allowable but would need further evaluation such as:

- Insulin Dependent Diabetes
- Injections
- Bed Sores or Open Wounds
- Oxygen
- Fall Risks

While some facilities have a nurse (RN or LVN) on staff, this is not a licensing requirement for assisted living facilities.